ERASMUS

HELLENIC MEDITERRANEAN UNIVERSITY

COURSE OUTLINES

Department of Nursing

School of Health Sciences

Academic Year 2026-2027

TABLE OF CONTENTS

Department of Nursing 3
Nursing Practice in Hospital (Internship) 3

NURSING PRACTICE IN HOSPITAL (INTERNSHIP)

COURSE OUTLINE

Responsible: Michail Zografakis-Sfakianakis

1. GENERAL			
SCHOOL	School of Health Sciences		
ACADEMIC UNIT	Department of Nursing		
LEVEL OF STUDIES	Undergraduate		
COURSE CODE	0805.6.016.0	**SEMESTER**	Winter/Spring
COURSE TITLE	Nursing Practice in Hospital (Internship)		

INDEPENDENT TEACHING ACTIVITIES if credits are awarded for separate components of the course	**WEEKLY TEACHING HOURS**	**CREDITS**
	0	30
Total	**0**	**30**

COURSE TYPE general background, special background, specialised general knowledge, skills development	Elective
PREREQUISITE COURSES	Applicants must have completed at least the third semester; students in the fourth semester or higher are eligible to apply.
LANGUAGE OF INSTRUCTION and EXAMINATIONS	English B2
OFFERED TO ERASMUS STUDENTS	Yes (in English) — Both Winter and Spring Semesters
COURSE WEBSITE (URL)	

2. LEARNING OUTCOMES

Learning outcomes

- Apply theoretical nursing knowledge in real clinical settings.
- Develop safe and competent patient care skills under professional supervision.
- Enhance clinical decision-making and critical thinking abilities.
- Improve communication with patients, families, and healthcare professionals.
- Strengthen knowledge of infection prevention and patient safety protocols.
- Gain experience in administering medications and monitoring patient responses according to institutional policies.
- Build teamwork and collaboration skills within a multidisciplinary healthcare team

General Competences

- Perform comprehensive patient assessments using appropriate nursing techniques.
- Develop individualized nursing care plans based on patient needs.
- Recognize and report changes in patients' conditions promptly.
- Practice evidence-based nursing interventions.
- Improve time management and prioritization of nursing responsibilities.
- Educate patients and families about health promotion and disease prevention.

3. SYLLABUS

- **Hospital Orientation**
  - Introduction to the healthcare facility, policies, and procedures
  - Patient safety and quality standards
  - Infection prevention and control practices
- **Patient Assessment**
  - Health history taking
  - Physical assessment
  - Vital signs monitoring
  - Documentation of patient findings
- **Basic Nursing Care**
  - Personal hygiene and comfort measures
  - Bed making and patient positioning
  - Mobility assistance and fall prevention
  - Nutrition and hydration support
- **Clinical Nursing Procedures**
  - Medication administration under supervision
  - Wound care and dressing changes
  - Intravenous (IV) therapy observation and assistance
  - Catheterization and specimen collection
  - Oxygen therapy and suctioning (where applicable)
- **Patient Monitoring**
  - Observation of patient condition
  - Recognition and reporting of clinical changes
  - Pain assessment and management
  - Fluid balance monitoring
- **Specialty Clinical Exposure**
  - Medical-surgical nursing
  - Emergency nursing
  - Maternal and newborn care
  - Pediatric nursing
  - Critical care observation

4. TEACHING and LEARNING METHODS - EVALUATION

DELIVERY Face-to-face, Distance learning, etc.	Daily by calendar in the hospital wards
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY Use of ICT in teaching, laboratory education, communication with students	N/A
TEACHING METHODS The manner and methods of teaching are described in detail.	**Activity** | **Semester workload** **Course total** |

STUDENT PERFORMANCE EVALUATION Description of the evaluation procedure	Daily by their knowledge, nursing skills and competences.

5. ATTACHED BIBLIOGRAPHY

HELLENIC MEDITERRANEAN UNIVERSITY

International Relations Office

Estavromenos, 71410 Herakleion, Crete, Greece

iro.hmu.gr

Generated on October 14, 2026