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HELLENIC MEDITERRANEAN UNIVERSITY

COURSE OUTLINES

Department of Nursing

School of Health Sciences

Academic Year 2026-2027

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NURSING PRACTICE IN HOSPITAL (INTERNSHIP)

COURSE OUTLINE

Responsible: [Michail Zografakis-Sfakianakis](#)

1. GENERAL			
SCHOOL	School of Health Sciences		
ACADEMIC UNIT	Department of Nursing		
LEVEL OF STUDIES	Undergraduate		
COURSE CODE	0805.6.016.0	SEMESTER	Winter/Spring
COURSE TITLE	Nursing Practice in Hospital (Internship)		
INDEPENDENT TEACHING ACTIVITIES if credits are awarded for separate components of the course	WEEKLY TEACHING HOURS		CREDITS
	0		30
Total	0		30
COURSE TYPE general background, special background, specialised general knowledge, skills development	Elective		
PREREQUISITE COURSES	Applicants must have completed at least the third semester; students in the fourth semester or higher are eligible to apply.		
LANGUAGE OF INSTRUCTION and EXAMINATIONS	English B2		
OFFERED TO ERASMUS STUDENTS	Yes (in English) — Both Winter and Spring Semesters		
COURSE WEBSITE (URL)			

2. LEARNING OUTCOMES
Learning outcomes
• Apply theoretical nursing knowledge in real clinical settings. • Develop safe and competent patient care skills under professional supervision. • Enhance clinical decision-making and critical thinking abilities. • Improve communication with patients, families, and healthcare professionals. • Strengthen knowledge of infection prevention and patient safety protocols. • Gain experience in administering medications and monitoring patient responses according to institutional policies. • Build teamwork and collaboration skills within a multidisciplinary healthcare team
General Competences
• Perform comprehensive patient assessments using appropriate nursing techniques. • Develop individualized nursing care plans based on patient needs. • Recognize and report changes in patients' conditions promptly. • Practice evidence-based nursing interventions. • Improve time management and prioritization of nursing responsibilities. • Educate patients and families about health promotion and disease prevention.

3. SYLLABUS

- **Hospital Orientation**

- Introduction to the healthcare facility, policies, and procedures
- Patient safety and quality standards
- Infection prevention and control practices

- **Patient Assessment**

- Health history taking
- Physical assessment
- Vital signs monitoring
- Documentation of patient findings

- **Basic Nursing Care**

- Personal hygiene and comfort measures
- Bed making and patient positioning
- Mobility assistance and fall prevention
- Nutrition and hydration support

- **Clinical Nursing Procedures**

- Medication administration under supervision
- Wound care and dressing changes
- Intravenous (IV) therapy observation and assistance
- Catheterization and specimen collection
- Oxygen therapy and suctioning (where applicable)

- **Patient Monitoring**

- Observation of patient condition
- Recognition and reporting of clinical changes
- Pain assessment and management
- Fluid balance monitoring

- **Specialty Clinical Exposure**

- Medical-surgical nursing
- Emergency nursing
- Maternal and newborn care
- Pediatric nursing
- Critical care observation

4. TEACHING and LEARNING METHODS - EVALUATION

DELIVERY Face-to-face, Distance learning, etc.	Daily by calendar in the hospital wards	
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY Use of ICT in teaching, laboratory education, communication with students	N/A	
TEACHING METHODS The manner and methods of teaching are described in detail.	Activity	Semester workload
	Course total	

**STUDENT PERFORMANCE
EVALUATION**

Description of the evaluation procedure

Daily by their knowledge, nursing skills and competences.

5. ATTACHED BIBLIOGRAPHY

DEPARTMENT OF NURSING, HELLENIC MEDITERRANEAN UNIVERSITY



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