ERASMUS



HELLENIC MEDITERRANEAN UNIVERSITY

COURSE OUTLINES

Department of Nursing

School of Health Sciences

Academic Year 2026-2027

TABLE OF CONTENTS

Department of Nursing 3
Nursing Practice in Hospital (Internship) 3

NURSING PRACTICE IN HOSPITAL (INTERNSHIP)

COURSE OUTLINE

Responsible: Michail Zografakis-Sfakianakis

1. GENERAL			
SCHOOL	School of Health Sciences		
ACADEMIC UNIT	Department of Nursing		
LEVEL OF STUDIES	Undergraduate		
COURSE CODE	0805.6.016.0	**SEMESTER**	Winter/Spring
COURSE TITLE	Nursing Practice in Hospital (Internship)		

INDEPENDENT TEACHING ACTIVITIES if credits are awarded for separate components of the course	**WEEKLY TEACHING HOURS**	**CREDITS**
	0	30
Total	**0**	**30**

COURSE TYPE general background, special background, specialised general knowledge, skills development	Elective
PREREQUISITE COURSES	Applicants must have completed at least the third semester; students in the fourth semester or higher are eligible to apply.
LANGUAGE OF INSTRUCTION and EXAMINATIONS	English B2
OFFERED TO ERASMUS STUDENTS	Yes (in English) — Both Winter and Spring Semesters
COURSE WEBSITE (URL)	

2. LEARNING OUTCOMES

Learning outcomes

- Apply theoretical nursing knowledge in real clinical settings.
- Develop safe and competent patient care skills under professional supervision.
- Enhance clinical decision-making and critical thinking abilities.
- Improve communication with patients, families, and healthcare professionals.
- Strengthen knowledge of infection prevention and patient safety protocols.
- Gain experience in administering medications and monitoring patient responses according to institutional policies.
- Build teamwork and collaboration skills within a multidisciplinary healthcare team

General Competences

- Perform comprehensive patient assessments using appropriate nursing techniques.
- Develop individualized nursing care plans based on patient needs.
- Recognize and report changes in patients' conditions promptly.
- Practice evidence-based nursing interventions.
- Improve time management and prioritization of nursing responsibilities.
- Educate patients and families about health promotion and disease prevention.

3. SYLLABUS

- **Hospital Orientation**
  - Introduction to the healthcare facility, policies, and procedures
  - Patient safety and quality standards
  - Infection prevention and control practices
- **Patient Assessment**
  - Health history taking
  - Physical assessment
  - Vital signs monitoring
  - Documentation of patient findings
- **Basic Nursing Care**
  - Personal hygiene and comfort measures
  - Bed making and patient positioning
  - Mobility assistance and fall prevention
  - Nutrition and hydration support
- **Clinical Nursing Procedures**
  - Medication administration under supervision
  - Wound care and dressing changes
  - Intravenous (IV) therapy observation and assistance
  - Catheterization and specimen collection
  - Oxygen therapy and suctioning (where applicable)
- **Patient Monitoring**
  - Observation of patient condition
  - Recognition and reporting of clinical changes
  - Pain assessment and management
  - Fluid balance monitoring
- **Specialty Clinical Exposure**
  - Medical-surgical nursing
  - Emergency nursing
  - Maternal and newborn care
  - Pediatric nursing
  - Critical care observation

4. TEACHING and LEARNING METHODS - EVALUATION

DELIVERY Face-to-face, Distance learning, etc.	Daily by calendar in the hospital wards
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY Use of ICT in teaching, laboratory education, communication with students	N/A
TEACHING METHODS The manner and methods of teaching are described in detail.	**Activity** | **Semester workload** **Course total** |

STUDENT PERFORMANCE EVALUATION Description of the evaluation procedure	Daily by their knowledge, nursing skills and competences.

5. ATTACHED BIBLIOGRAPHY

HELLENIC MEDITERRANEAN UNIVERSITY

International Relations Office

Estavromenos, 71410 Herakleion, Crete, Greece

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